

## SECTION 10 HONOR CODE

### A. Purpose.

The purpose of the Honor Code is to define and govern the behavior of athletes, coaches, managers and other staff members employed, associated with or representing Pacific Swimming sponsored travel trips. The Honor Code shall apply to all of the above mentioned individuals while attending and participating in events or competition acknowledged, sanctioned, sponsored or hosted by Pacific Swimming. The Honor Code is designed to instill basic honorable principles in laying the foundation for one to act in an appropriate, ethical and responsible manner in furtherance to the achievement of excellence in the sport of swimming and in life.

### B. Authority.

The review committee (consisting of the Age Group Chair or his delegate, the Head Coach, the Age Group Coach(es) of the individual(s) involved, a female athlete, a male athlete, and a non-coach member) shall have the enforcement authority to act and to effectuate adherence to the Honor Code and the Code of Conduct in compliance with Pacific Swimming and USA Swimming rules and regulation, policies and guidance.

### C. Applicability.

The Honor Code shall apply to and are subject to adherence and compliance by all athletes, coaches, managers and other staff members while attending and participating in events or competition acknowledged, sanctioned, sponsored or hosted by Pacific Swimming or its subsidiaries.

### D. Compliance

1. Each athlete, coach, manager or other staff member of Pacific Swimming or of any team representing Pacific in competition is required to sign the Pacific Swimming Athletes Honor Code, or the Pacific Swimming Coaches/Managers Code of Conduct. (See following pages.)
2. The signed document shall be turned in before the competition and a signed copy of the document must be available at the competition.
3. If needed, at the conclusion of the event, a committee consisting of the Age Group Chair, the head coach, a member of the staff, and two member athletes shall conduct an evaluation to determine if any aspects of the honor code/code of conduct were violated and to make recommendation for changes, if necessary. Said evaluation shall be submitted to the Board of Directors within seventy-two (72) hours following the event.

## **ADDENDUM**

### **I. MOTION(S) TO CLARIFY AN EXISTING RULE OR ADD A RULE:**

The introduction to the Honor Code was rewritten to reflect appropriate wording and define the Purpose, Authority, Applicability and Compliance.

The following Athlete and Coach/Manager Code of Conduct forms are the forms that Pacific Swimming uses.

## PACIFIC SWIMMING ATHLETE HONOR CODE

This Honor Code and any additional guidelines regarding conduct will be reviewed by the Head Coach at the first team meeting.

Upon notification of any violation of the Honor Code, a review committee (consisting of the Age Group Chairman or his delegate, the Head Coach, the Age Group Coach(es) of the individual(s) involved, a female athlete, a male athlete, and a non-coach member) shall promptly investigate the circumstances of the violation, notify the individual(s) charged of the time/place for hearing, and shall conduct an informal hearing on the evidence. This review committee shall then promptly determine what disciplinary action, if any, shall be taken. Violations and disciplinary actions will be reported to the Pacific Swimming Board of Review.

I, \_\_\_\_\_, as a member of Pacific Swimming understand and will comply with the following as  
(Athlete) approved by the Pacific Board of Directors:

1. The possession or use of alcohol, tobacco products or controlled substances (excluding personal prescription drugs/medication), or firearms or weapons is prohibited throughout the designated duration of the trip.
2. Established curfews shall be followed and adhered to during the trip.
3. Attendance is required at all team functions which include, but are not limited to, meetings, practices, exhibitions, press conferences, and competitions unless otherwise excused or instructed by the head coach, the vice chairman, or designated person in charge of the team.
4. The hallway door will be left fully open (so the interior of the room can be viewed from the hallway) when any athlete other than those assigned to occupy the room are in the room.
5. Uniform requirements established for the trip will be followed.
6. Proper respect, courtesy and sportsmanship towards coaches, officials, administrators, athletes and the public shall be displayed.
7. The manner in which one behaves shall present a positive image of Pacific Swimming and shall provide an atmosphere to meet the competitive performance objectives.
8. Additional guidelines may be established as needed to assure the safety and well-being of the team members and shall be adhered to during the trip.

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I understand that failure to comply with the Pacific Swimming Honor Code as set forth in this document or addendums necessary for the safety and well-being of the team members may result in disciplinary action which may include but is not limited to the following:

1. Disqualification from one or more swimming activities.
2. Dismissal from the team and to return home at my own expense.
3. The infraction(s) shall be reported to the Pacific Swimming Board of Review who may take additional disciplinary action(s) including but not limited to disqualification from future Pacific Swimming sponsored activities.

I may appeal any disciplinary action in accordance with Part Four of USA Swimming Rules and Regulations and Article 10 of the Pacific Swimming Bylaws.

\_\_\_\_\_  
(Printed Name of Athlete)

\_\_\_\_\_  
(Signature)

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Printed Name of Parent or Legal Guardian)

\_\_\_\_\_  
(Signature)

\_\_\_\_\_  
(Date)

## **Pacific Swimming Coaches/Managers Code of Conduct**

I, the undersigned staff member, agree to participate in the Pacific Swimming sponsored activity named below.

I agree to abide by the standards of conduct outlined below, in addition to those guidelines established by the activity director at the activity site. Any additional guidelines regarding conduct will be presented at the first team meeting following establishment of these guidelines.

1. Staff members are required to attend all team functions. These include, but are not limited to, meetings, training sessions, practice sessions, competitions, exhibitions and press conferences unless excused by the activity director.
2. The possession or use of alcohol, tobacco or controlled substances (excluding personally prescribed drugs/medication), or firearms /weapons is prohibited throughout the designated duration of the trip.
3. Staff members are prohibited from wearing any home team clothing and shall not recruit swimmers, either directly or indirectly, for their home club.
4. Staff members are required to help supervise the athletes at all times during the activity.
5. Barring acceptable extenuating circumstances, failure to comply with this Code of Conduct may result in the following:
  - a. Loss of compensation for the activity
  - b. Suspension from participating in future activities
  - c. Reimbursement to Pacific Swimming for all costs incurred on my behalf
  - d. Ejection from the activity
6. The Pacific Swimming Board of Review shall within 30 days determine the penalty and notify the staff member of their findings.
7. Any disciplinary action may be appealed in accordance with Part Four of USA Swimming Rules and Regulations and Article 10 of the Pacific Swimming Bylaws.

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Signature

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Date

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Print Name