

Blizzard Blast

FRIDAY – SUNDAY January 17 - 19, 2014

Hosted by: Carson Tigersharks

Enter online at: <http://ome.swimconnection.com/pc/cars20140117>



SANCTION: Held under USA/Pacific Swimming Sanction No. 14-003

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

AUDIO AND VIDEO: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording electronic devices, including but not limited to film and digital cameras, cell phones and tablets, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS:

Meet Referee: Greg Gephart	Head Starter: Jim Morefield
Administrative Referee: Judy Maynor	Meet Marshal: John Branco
Meet Director: Karen DeBusk- kdebusk@tigersharks.org	

LOCATION: Carson Aquatic Facility, 841 N. Roop St. Carson City, NV. From Business Hwy. 395 go two traffic lights East on Hwy. 50 (E. Williams St.). Turn right on Roop St. and go one block south. Turn left behind the Carson City Community Center. From Reno on Hwy. 395 take exit 39. Turn right and travel West for 0.9 mile. Turn left into Mills Park and the Carson City Community Center. Additional parking is available at the Bank of America at the northwest corner of Roop St. and Hwy. 50 (E. Williams St.).

COURSE: 25 yard by 50 meter indoor pool with 8 short-course lanes for competition and 8 lanes for warm-up and warm down. Colorado Timing system with touch pads and scoreboards will be used. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. The minimum water depth in the competition course as measured in accordance with Article 103.2.3, is 5 feet at the start end and 5 feet at the turn end.

TIME:

- FRIDAY SESSION:** meet begins at 5:00 pm with warm-ups from 4:00 – 4:45 pm.
- SATURDAY 11&UP SESSION:** meet begins at 8:30 am with warm-ups from 7:00 – 8:15 am.
- SATURDAY 10 & UNDER SESSION:** meet begins no sooner than 1:00 pm or 1 hour after the end of the morning session, whichever is later. Warm-ups begin immediately after the morning session concludes.
- SATURDAY FINALS SESSION:** Warm-ups will begin at the conclusion of the afternoon session. Finals will begin no sooner than 4:00pm.
- SUNDAY 11 & UP SESSION:** meet begins at 8:30 am with warm-ups from 7:00 – 8:15 am.
- SUNDAY 10 & UNDER SESSION:** meet begins no sooner than 12:00 pm or 1 hour after the end of the morning session, whichever is later. Warm-ups begin immediately after the morning session concludes.

RULES:

- Current USA and Pacific Swimming rules will govern the meet. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk of Course.
- **All preliminary and timed-finals events will be seeded fastest to slowest.**
- All events except those designated as preliminaries Saturday morning are timed finals.
- Saturday Finals will consist of one A-Final heat of each 11-12 and 13-14 event, and a B- and A-Final of each 15-18 event, in that order.
- **All swimmers 12 and under should complete competition within four (4) hours each session.**
- Swimmers may enter as many events as they wish, but shall check in for and compete in **no more than 4 individual events per day and 10 individual events total. EXCEPTION: participants in Saturday morning 11 & over preliminaries (Session II) shall check in and compete in no more than 3 individual events for that session.**
- Session entries will close when the session estimated time line exceeds the Four Hour Rule for ages 12 & under or when the estimated start time for Saturday Finals (Session 4) reaches 6:00 PM.
- If local conditions warrant, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down and an immediate cash refund will be given.
- **All coaches and deck officials must wear their USA membership cards in a visible manner at all times while on deck.** All coaches are required to sign in and present their valid 2014 registration card before coaching swimmers at the meet. Except

for coaches accompanying athletes participating *under* the provisions of 202.6 or USA Swimming's "open border" policy, all persons acting in any coaching capacity must show proof of current USA Swimming coach membership.

DISTANCE: Per Zone-4 policy, to be eligible to enter the 1000 freestyle, a swimmer must have previously established an official time in a freestyle event of 500y/400m or longer. All swimmers entered in the 1000 Free on Friday must be checked in by 5:00 pm on Friday otherwise they will be considered scratched from the event. The 1000 Free will be swum alternating women and men, fastest to slowest. Swimmers entered in the 1000 must supply their own timers and counters. Swimmers in the 500 must supply their own counters.

UNACCOMPANIED SWIMMERS: Any USAS athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USAS Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USAS Club Member-Coach. The swimmer must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Glass containers of any kind, propane heaters, smoking, and the sale and use of alcoholic beverages and tobacco products are strictly prohibited on the pool deck, in the locker room, in any of the spectator areas, and in all areas used by swimmers during the meet and warm-up periods.
- Use of cell phones in the locker rooms is strictly prohibited.
- NO ANIMALS ARE ALLOWED ON THE PREMISES.
- There will be closed areas of the deck. Cooperation of swimmers, families, and coaches will be appreciated.
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

ELIGIBILITY:

- Meet is open to 2014 USA Swimming registered athletes.
- Swimmers 19 years & older shall swim for time only in preliminary and timed-finals events for which they are age-eligible. They are not eligible for relays or finals, and shall not score points or receive awards.
- Swimmers must enter their name and registration number on the meet entry card as they are shown on their registration card. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular fee). Swimmers who enter as "pending" or "applied for" must be prepared to present their current card or register before being allowed to check in unless the Meet Director determines that they are validly pending. Duplicate registrations will be refunded by mail.
- Disabled swimmers, attached or unattached, are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy.
- "No Time" entries will be accepted (exception: see special distance eligibility rules).

ENTRY FEES: \$2.75 per individual event and \$9.00 per relay. A \$9.00 per swimmer participation fee will be charged to help cover meet expenses.

ENTRIES: All entries must be submitted using the swimmer's best short-course yards time for each event. NO LATE ENTRIES WILL BE ACCEPTED. NO DECK ENTRIES OR ENTRY CHANGES WILL BE ALLOWED. NO REFUNDS will be given except in the case of a mandatory scratch-down. Entries will be accepted for each meet session until the applicable deadline below, or until that session is determined to be full and is closed (per the rules above), whichever occurs first. Check <http://ome.swimconnection.com/pc/cars20140117> for session open or closed status.

TWO OPTIONS FOR MEET ENTRY

Option 1: Online Meet Entries: Enter at <http://ome.swimconnection.com/pc/cars20140117> to receive immediate confirmation of acceptance via email. The "billing information" email should be brought to the meet as proof of entry. Online entry requires payment by credit card using our secure site. The cost of using online meet entries is \$1 per swimmer plus 5% of the total entry fee. Please note that the processing fee is a separate fee from the entry fees. Online meet entry fees are paid to Swim Connection LLC. Fees collected by the use of this system are completely voluntary. Online Meet Entry is in no way required or expected of a swimmer by Pacific Swimming. ONLINE ENTRY DEADLINE: 11:59 PM WEDNESDAY, JANUARY 8, 2014, or until a session is full and is closed, whichever occurs first.

Option 2: Traditional Postal System Mailed Entries: Fill out the provided Consolidated Entry Form completely for each swimmer in your family. Cut out your entry card(s) and mail to the address below. ALL PAPER ENTRIES MUST BE POSTMARKED BY MONDAY, JANUARY 6, 2014, or HAND-DELIVERED BY 7:00 PM WEDNESDAY JANUARY 8, 2014, or when a meet session is full and is closed, whichever occurs first. Make check payable to CARSON TIGERSHARKS and mail to:

Karen DeBusk
PO Box 1879
Carson City, NV 89701

If you would like confirmation of entry, please include a self-addressed stamped envelope or postcard. IF SENT EXPRESS MAIL OR FEDEX indicate *NO SIGNATURE REQUIRED FOR DELIVERY*. No signature will be available for mailed entries.

RELAYS: Relays will be deck entered and will be swum as timed finals. There will be a 5 minute break between the relays and the previous event. On Sunday morning session V, there will also be a 5 minute break after the 400 Medley Relay. Relay cards will be available at check-in and from the Clerk of Course. Relay swimmers must be entered in the meet (no relay-only swimmers), and must not be Unattached. Order of swimmers must be clearly marked on the relay card and shall not be changed after the lead swimmer is called to the blocks. Relay entries will close by 10:00 am for the morning 11-18 sessions, and by the announced time for the 10-under sessions. Swimmers 19&over are not eligible to swim relays. All entry fees for relays are due by Sunday at the relay entry deadline for that session.

CHECK-IN: The meet will be deck seeded. Swimmers must check in at the Clerk of Course. Close of check in for the first 4 events each day shall be 30 minutes before the start of the session. Close of check-in for all events (see distance rules for exception) shall be no more than 60 minutes before the estimated time of the start of the first heat of the event (exception: see distance check-in rules for Friday). No event shall be closed more than 30 minutes before the scheduled start of the meet session. Swimmers who do not check in for an event will be automatically scratched and may not compete in that event.

SCRATCHES: The Pacific Swimming and USA Swimming Championship scratch rules will be in effect.

- Timed Finals events: Any swimmer not reporting for or competing in an individual timed final event shall not be penalized. Swimmers who must withdraw from an event after it is seeded are requested to inform the referee immediately.
- Trials of Trials-and-Finals events Any swimmer who has checked in for an individual trials-and-finals event must swim in trials of that event unless they notify the Clerk of the Course before the event is seeded that they wish to scratch. Otherwise, a swimmer who fails to swim that event will be barred from all remaining events on that day including relays. A swimmer who qualified for a final before missing an event may swim that final.
- Finals of Trials-and-Finals events: Swimmers who originally qualified for any finals, and who do not (or might not) wish to compete, have 30 minutes after the results are announced to declare their intent to scratch or to scratch. For intent to scratch, a swimmer must return and declare their final decision within 30 minutes after the announcement of qualifiers following their last individual preliminary event on that day. Otherwise, all qualifiers not properly scratched will be seeded in finals. Any swimmer originally qualifying for any finals race in an individual event who fails to show up in said race prior to calling the first alternate, without having properly scratched first, shall be barred from further competition for the remainder of the meet. If the failure occurs on the last day that the swimmer is entered in an individual event in the meet, and no other individual event penalty is applicable, the swimmer shall then be fined \$25.00.
- Exceptions: No penalty shall apply for failure to withdraw or compete in an individual event if the referee is notified in the event of illness or injury and accepts the proof thereof, or it is determined by the referee that the failure is caused by circumstances beyond the control of the swimmer, or the swimmer qualified for any level of finals due to scratches of one or more original finalists, or the swimmer is an alternate for any level of finals.

ADMISSION: Free. A three day program will be available for \$5.00.

SCORING: All individual events will be scored and awarded separately by age groups (8-Under, 9-10, 11-12, 13-14, 15-18). Points will be awarded to 1st through 8th places as follows: 9,7,6,5,4,3,2,1

AWARDS: Individual Events: Ribbons 1st thru 8th in each age group. There will be Hi Point and runner up awards for each age group.

SNACK BAR: A snack bar will be available each day. Breakfast and lunch will be available Saturday and Sunday.

HOSPITALITY: Hospitality and lunches will be served to all working officials and coaches.

TIMERS: Clubs will be assigned lanes based on the number of swimmers from each of the participating clubs (host clubs will not be expected to time). All swimmers in the 1000 Free must provide their own timers

MINIMUM OFFICIALS: All available USA Swimming member certified officials are welcomed and encouraged to work at this meet. As the number of certified officials allows, interested parents/trainees are also welcome to shadow working officials for education and/or mentoring. **Participating clubs are requested to provide at least the following number of certified and carded officials for each session:**

Club swimmers entered in session	Trained and carded officials needed
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
101 or more	5

Session I – Friday, January 17, 2014		
WOMEN	EVENT	MEN
1	11 & Over 400 Individual Medley	2
3	11 & Over 50 Freestyle	4
5	11 & Over 1000 Freestyle	6
Session II Preliminaries - Saturday, January 18, 2014		
7	11-12 200 Individual Medley	8
9	13-14 200 Individual Medley	10
11	15 & Over 200 Individual Medley	12
13	11-12 100 Butterfly	14
15	13-14 100 Butterfly	16
17	15 & Over 100 Butterfly	18
19	11-12 200 Backstroke	20
21	13-14 200 Backstroke	22
23	15 & Over 200 Backstroke	24
25	11-12 100 Breaststroke	26
27	13-14 100 Breaststroke	28
29	15 & Over 100 Breaststroke	30
31	11-12 200 Freestyle	32
33	13-14 200 Freestyle	34
35	15 & Over 200 Freestyle	36
37	11 - 18 400 Freestyle Relay	38
Session III – Saturday, January 18, 2014		
39	10 & Under 200 Individual Medley	40
41	10 & Under 50 Butterfly	42
43	10 & Under 100 Backstroke	44
45	10 & Under 50 Breaststroke	46
47	10 & Under 100 Freestyle	48
49	10 & Under 200 Freestyle Relay	50
Session IV Finals – Saturday, January 18, 2014		
7	11-12 200 Individual Medley	8
9	13-14 200 Individual Medley	10
11	15-18 200 Individual Medley	12
13	11-12 100 Butterfly	14
15	13-14 100 Butterfly	16
17	15-18 100 Butterfly	18
19	11-12 200 Backstroke	20
21	13-14 200 Backstroke	22
23	15-18 200 Backstroke	24
25	11-12 100 Breaststroke	26
27	13-14 100 Breaststroke	28
29	15-18 100 Breaststroke	30
31	11-12 200 Freestyle	32
33	13-14 200 Freestyle	34
35	15-18 200 Freestyle	36
Session V – Sunday, January 19, 2014		
51	11 & Over 100 Freestyle	52
53	11 & Over 200 Butterfly	54
55	11 & Over 100 Backstroke	56
57	11 & Over 200 Breaststroke	58
59	11 - 18 400 Medley Relay	60
61	11 & Over 500 Freestyle	62
Session VI – Sunday, January 19, 2014		
63	10 & Under 100 Individual Medley	64
65	10 & Under 100 Butterfly	66
67	10 & Under 50 Backstroke	68
69	10 & Under 100 Breaststroke	70
71	10 & Under 50 Freestyle	72
73	10 & Under 200 Medley Relay	74

Pacific Swimming – Hosted by **Carson Tigersharks**
Blizzard Blast
January 17-19, 2014
 Consolidated Entry Form

Name: Last, First Middle

Club Abbr.	UNATT TEAM ABBR	Club Name
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Age	Date of Birth	Sex M F	LSC – (PC, SN)
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USA-#																	
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Event #	Distance / Stroke	Entry Time	Circle one
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
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		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM

of entries _____ x **\$2.75** = \$ _____
 Participation Fee \$ 9.00
 Total \$ _____

Coach

Swimmer's
Address

Home Phone	Cell Phone
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Email