

Ellis Aquatics
PACIFIC SWIMMING Long Course Distance Meet
May 4, 2014
Co-Sponsored by Pacific Swimming
Enter Online: <http://ome.swimconnection.com/pc/EA20140504>



SANCTION: Held under USA Pacific Swimming Sanction No. **14-074**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, psych sheets and live meet results. By entering this meet, the athlete or his/her guardian consents to this publication.

USE OF AUDIO AND VIDEO: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording electronic devices, including but not limited to film and digital cameras, cell phones and tablets, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS:

- Meet Referee: Randy May*
- Head Starter: Peter McNamara*
- Admin Referee: Jackie Park*
- Meet Marshal: Clayton Basepayne*
- Co-Meet Directors: Michele Loomis – 209-833-0562 micheleloomis@comcast.net*
Pam McCain

LOCATION: Pinkie Phillips Aquatic Center, Merrill F. West High School, 1775 W Lowell Ave, Tracy, CA 95376.

DIRECTIONS: From Bay Area, take the 205 toward Tracy; take exit 6 Grant Line Exit. Turn Right onto Grant Line Road. Turn Right onto Corral Hollow, left onto W. Lowell Ave, school entrance is second left. Enter the parking lot adjacent to the football stadium. The pool is at the end of the parking lot.
From I-5 take the 205 exit, and then take the Tracy BLVD Exit #8, turn left. Go about 1 mile to W. Lowell, turn right. Turn right into the school parking lot at the School Sign. Parking lot adjacent to the football stadium, the pool is at the end of the parking lot

COURSE: Outdoor heated 50 meter pool with up to 7 competition lanes, Warm up area will be available. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 16'0" at the start end and 4'0" at the turn end. The competition course has not been certified in accordance with Article 104.2.2C(4).

TIME: Meet begins at 12:00 PM, warm-ups from 10:30 am to 11:45 AM each day.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals, **and will be swum fastest to slowest.**
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

ATTENTION HIGH SCHOOL SWIMMERS (February through May): If you are a high school swimmer in season, you need to be Unattached from this meet. It is the swimmers responsibility to be Unattached from this meet. You can un-attach at the meet if necessary. This does not apply to swimmers swimming under the rules of the Nevada Interscholastic Activities Association (NIAA)

UNACCOMPANIED SWIMMERS: Any USAS athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USAS Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USAS Club Member-Coach.

RACING STARTS: The swimmer must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- All shelters must be properly secured. No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

ELIGIBILITY:

- Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database.
- The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy.
- Swimmers 19 years of age and over may compete in the meet for time only, no awards. Such swimmers must have met the time standards for the 17-18 age groups.
- The swimmer's *age will be the age of the swimmer on the first day of the meet.*

ENTRY PRIORITY: Entries from Zone 2 teams, in good standing, postmarked or entered online by 11:59 p.m. on April 13, 2014 will be given 1st priority acceptance. All other entries from Zone 2, all other Pacific LSC Zones and other LSC's, either postmarked, entered online, or hand delivered by the entry deadline will be considered in the order that they were received.

**** Note: Swimmers who falsify their entry form by listing a team to which they are not legitimately associated will be rejected from the meet. Further, entry fees will not be refunded and they may be referred to the Pacific Swimming Review Committee for disciplinary action.**

ENTRY FEES: \$2.75 per event, \$10.00 participation fee per swimmer. Entries will be rejected if payment is not sent at time of request.

Make check payable to: Ellis Aquatics
Mail with entries to: Vicki O'Neill
Swim Meet Entries
2959 Perry LN
Tracy, CA 95376

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be postmarked by midnight, Monday April 21, 2014 or hand delivered to the Vicki O'Neill by 6:30 p.m. Wednesday, April 23, 2014. No late entries will be accepted. No refunds will be made, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

ONLINE ENTRIES: To enter online go to <http://ome.swimconnection.com/pc/EA20140504> to receive an immediate entry confirmation this method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming.** Online entries will be accepted through Wednesday, April 23, 2014.

SPECIAL CHECK-IN RULES: The meet will be deck seeded. Swimmers must check in at the Clerk of the Course 30 minutes before their group's "estimated start time". At the close of entries an estimated time line will be posted on the Zone 2 Web site. Swimmers will be grouped by time (fastest to slowest) into an "estimated start time" with a close of check-in time posted that is 30

minutes before the “estimated start time” posted for that group. Each group’s actual start time will be no earlier than the listed “estimated start time” for that group. (Ex. “Event 1 Group 2: entry times 23:00.00 to 26:59.99, check in close at 11:30 AM estimated start time 12:00 PM.” This means a girl with an entry time of 24:30.53 will be in Group 2, must check-in by 11:30 AM and can expect to swim no earlier than 12:00 PM). Swimmers who do not check in will not be seeded and will not be allowed to compete in that event. Team website is www.ellisaquatics.com

SCRATCHES: Any swimmers not reporting for or competing in an individual timed final event shall not be penalized. Swimmers who must withdraw from an event after it is seeded are requested to inform the referee immediately.

AWARDS: None

ADMISSION: Free.

SNACK BAR: There will be a limited snack bar though out the day.

HOSPITALITY: Light lunch & beverages will be served to deck officials only.

MISCELLANEOUS: No overnight parking is allowed. *No pets allowed on school grounds. No set up on pool deck except for designated areas for coaches. There will be limited parking for coaches and officials near the pool.*

MINIMUM OFFICIALS RULE: The Minimum Officials Rule has been adjusted for this meet only. All teams with 15 or more swimmers entered in the meet are asked to have one carded official dressed, and ready to work the meet at 11:45 am.

EVENTS SUMMARY:

<u>9-10</u>	<u>11 -12</u>	<u>13 & Up</u>
400 Free	1500 Free	1500 Free
	800 Free	800 Free

All swimmers must provide their own timers and counters.

* Minimum time standard is Boys B time 25:32.49

EVENTS:

SUNDAY, MAY 4, 2014		
GIRLS EVENT #	EVENT	BOYS EVENT #
1	11 & Up 1500 Free*	2
3	11 & Up 800 Free	4
5	9-10 400 Free	6
Bring your own counters and your own timers		

Pacific Swimming ZONE 2 Long COURSE Distance Meet May 4, 2014 Consolidated Entry Form												
Name: Last,				First				Middle				
Club Abbr.			UNATT TEAM ABBR				Club Name					
Age			Date of Birth				Sex M F		LSC – (PC, SN)			
USA-#												
Event #	Distance / Stroke					Entry Time			Circle one			
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# of entries _____ x \$2.75 = \$ _____ EVENT Participation Fee \$10.00 Total \$ _____												
Mail to: Ellis Aquatics, Vicki O'Neill 2959 Perry LN, Tracy CA 95376												
Coach												
Swimmer's Address												
Home Phone						Cell Phone						
Email												