

SANTA CRUZ SWIMMING SMALL TEAMS INVITATIONAL
PACIFIC SWIMMING SHORT COURSE MEET
OCTOBER 19 – 20, 2019
Enter Online: <http://www.fastswims.com>



INVITATIONAL PRIORITY CLUBS: GATO, CSC, VSSJ, ACSC, CRUZ, SLUG, BCP, MNLO, MCAC, AAA, RHAC, TRIV, HSC, SRBY, RAYS, CARS, SN-RAD, OR-BAC, OR-VAC, OR-WSC

SANCTION: Held under USA/Pacific Swimming Sanction No. **19-135**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on the Internet at <http://www.CRUZswimming.org>.**

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL:
Meet Referee: Brett Shaug *Head Starter:* Elizabeth Garcia
Meet Marshal: Micah Rodler *Admin Official:* Liz Tanaka
Meet Director: Bill Norris; cruz.meetdirector@gmail.com, 650-303-2921

LOCATION: Watsonville High School, 380 Lincoln Street, Watsonville, CA

DIRECTIONS: Map for parking and pool location can be found at <http://cruzswimming.org>. From US Highway 101 (either from north or south) take Chittenden Road (CA 129) west towards Watsonville. From CA 1 (either from north or south) take Riverside Drive (CA 129) east towards Watsonville. From either direction turn north onto Lincoln Street, athletic fields will be on your right. Turn first right onto Wildcatz Way, pool entrance and drop-off will be on your right. Parking will be at the end of Wildcatz way under solar installations.

COURSE: Outdoor pool with up to 10 lanes available for competition. An additional 4 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7'0" at the start end and 7'0" at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).

TIME: Meet will begin at **9 AM** each day with warm-ups from **7:30 to 8:45 AM** each day. Warmup lanes for 8 and under athletes will be offered and allocated by deck officials.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in a maximum of 3 events plus 1 relay per day (four swims total).
- Participating Clubs will be limited to 40 entered athletes.
- All athletes ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time liene, per the "Four-Hour Rule," based on the athletes age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratch down.
- All Coaches and Deck Officials must wear their USA Swimming membership cards in a visible manner.
- All 25 yard events will start at the north end of the pool without starting blocks while timers remain in place at the south side of the pool.
- Athletes must provide their own lap counters for the 500 Freestyle events.

- 49'er Mixed Medley and Free Relays (not nationally recognized events). Each relay team can consist of any combination of four (4) Girls and/or Boys whose ages total 49 or less. Online relay entries are required, entry cards will be will due at the time of entry and will be received at the check-in table.
- At time of close, the times entered shall be the times accepted for the meet. No further time changes may be made after the close of the meet. In addition, at the time of the close of the meet, no addition of events, nor exchanging of events shall be allowed without explicit approval of the meet referee.

UNACCOMPANIED ATHLETES: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming Member-Coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a Member Coach of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA-S Member-Coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the Athlete or the athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Deck Changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- **PLEASE DO NOT BRING YOUR DOGS TO THIS MEET.** No animals are allowed in any area of the meet venue (which includes the parking lots) except service animals wearing a service animal vest and working to assist a disabled person. Service animals who are not behaving properly (barking, jumping and the like) will be asked to leave the meet venue.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or Spectators are present.
- For safety and accessibility reasons the entire pool deck must be cleared of non-coach tents, chairs, blankets, etc. All setup is intended to be located on the basketball courts between the pool and the football field.

ELIGIBILITY:

- Athletes must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Entries with "NO TIME" will be accepted.
- This meet is only open to athletes belonging to invited clubs: GATO, CSC, VSSJ, ACSC, CRUZ, SLUG, BCP, MNLO, MCAC, AAA, RHAC, TRIV, HSC, SRBY, RAYS, CARS, SN-RAD, OR-BAC, OR-VAC, OR-WSC
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such athletes must have met standards for the 17-18 age group.
- The athlete's age will be the age of the athlete on the first day of the meet.

ENTRY PRIORITY: Entries are limited to athletes from the following invited clubs: **GATO, CSC, VSSJ, ACSC, CRUZ, SLUG, BCP, MNLO, MCAC, AAA, RHAC, TRIV, HSC, SRBY, RAYS, CARS, SN-RAD, OR-BAC, OR-VAC, OR-WSC.**

ENTRY FEES: \$4.00 per event plus an \$8.00 participation fee per athlete. Entries will be rejected if payment is not sent at time of

request. No refunds will be made, except mandatory scratch downs. Relay entry fees are \$9.00 per relay entry, online relays entries are required. Specific deadline for the entry cards and will be determined and announced by Meet Referee.

HYTEK ENTRIES: Coaches are responsible for sending file and fees to meet director on or before Monday, October 7, 2019.

ONLINE ENTRIES: You may enter this meet online or by U.S. mail. To enter on-line go to <http://www.fastswims.com> to receive an immediate entry confirmation. This method requires payment by credit card. FastSwims charges a processing fee for this service, 6.5% of the total Entry Fees plus \$0.75 per transaction, regardless of number of athletes. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming.** Online entries will be accepted through Wednesday, October 9, 2019. LATE ENTRIES WILL NOT BE ACCEPTED. NO REFUNDS

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athlete's best time. Entries must be postmarked by midnight, Monday, October 7, 2019 hand delivered by 5:00 p.m. Wednesday, October 9, 2019. No late entries will be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: Santa Cruz Swimming

**Mail entries to: Bill Norris
Swim Meet Entries
P.O. Box 1616
Soquel, CA 95073**

**Hand deliver entries to: Bill Norris
Leave at Front Desk of Business
345 Encinal Street
Santa Cruz, CA 95073**

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Any athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized.

AWARDS: Awards will be given to top 16 finishers in the following age groups in each gender 8&u, 9-10, 11-12, 13-14, 15-16 and 17-18 age groups. "A" medals will be awarded to athletes achieving a new USA-S "A" time regardless of place achieved in event. No awards will be given to athletes age 19 years or older. All Individual awards must be picked up at the meet. No awards will be mailed or distributed after the meet.

High point medals will be awarded to 7&U, 8, 9, 10, 11, 12, 13, 14, 15-16, 17-18. Two categories for team high point will be awarded. Trophies awarded for team total high point for top 1-3 teams and also the top 1-3 teams based upon points per entered athlete

SCORING: Individual to 16 places: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1
Relay events to top 16 places: 80, 75, 70, 65, 60, 55, 50, 45, 40, 35, 30, 25, 20, 15, 10, 5
(all entered relays teams are eligible to score)

ADMISSION: Free.

SNACK BAR & HOSPITALITY: A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours.

EVENT SUMMARY

Saturday October 19, 2019				Sunday October 20, 2019			
8 & UN	9-10	11-12	13 & O	8 & UN	9-10	11-12	13 & O
25 Free	200 Free	200 Free	500 Free	25 Free	500 Free	500 Free	200 Free
25 Fly	100 Fly	100 Fly	50 Fly	50 Fly	50 Fly	50 fly	100 Fly
50 Breast	50 Breast	50 Breast	100 Breast	25 Breast	100 Breast	100 Breast	50 Breast
100 IM	200 IM	200 IM	50 Back	50 Back	100 IM	100 IM	200 IM
25 Back	100 Back	100 Back	100 Free	25 Back	50 Back	50 Back	100 Back
50 Free	50 Free	50 Free		100 Free	100 Free	100 Free	50 Free
Mixed 49'er 200 Free Relay				Mixed 49'er 200 Medley Relay			

EVENTS

Saturday October 19, 2019			
Warm-up 7:30-8:45			
Girls EVENT #	EVENT	Boys EVENT #	
1	13 & Up 500 Free	2	
3	9-12 200 Free	4	
5	8 & Under 25 Free	6	
7	13 & Up 50 Fly	8	
9	9 -12 100 Fly	10	
11	8 & Under 25 Fly	12	
13	13 & Up 100 Breast	14	
15	12 & Under 50 Breast	16	
17	9-12 200 I.M.	18	
19	8 & Under 100 IM	20	
21	13 & Up 50 Back	22	
23	9-12 100 Back	24	
25	8 & Under 25 Back	26	
27	13 & Up 100 Free	28	
29	12 & Under 50 Free	30	
31	Mixed 49'er 200 Free Relay		

Sunday October 20, 2019			
Warm-up 7:30-8:45			
Girls EVENT #	EVENT	Boys EVENT #	
33	9 - 12 500 Free	34	
35	13 & Up 200 Free	36	
37	8 & Under 25 Free	38	
39	13 & Up 100 Fly	40	
41	12 & Under 50 Fly	42	
43	13 & Up 50 Breast	44	
45	9-12 100 Breast	46	
47	8 & Under 25 Breast	48	
49	13 & Up 200 IM	50	
51	9-12 100 IM	52	
53	13 & Up 100 Back	54	
55	12 & Under 50 Back	56	
57	8 & Under 25 Back	58	
59	13 & Up 50 Free	60	
61	12 & Under 100 Free	62	
63	Mixed 49'er 200 Medley Relay		

Athletes must provide their own lap counters for the 500 Freestyle events.

All 25 yard events will start at the north end of the pool without starting blocks while timers remain in place at the south side of the pool.

49'er Mixed Medley and Free Relays (not nationally recognized events). Each relay team can consist of any combination of four (4) Girls and/or Boys whose ages total 49 or less. Specific deadline for the entry cards will be determined and announced by Meet Referee.

Pacific Swimming – Hosted by Santa Cruz Swimming Age Group Invitational October 19 & 20, 2019 Consolidated Entry Form													
Name: Last,			First				Middle						
Club Abbr.		UNATT TEAM ABBR				Club Name							
Age		Date of Birth				Sex M F		LSC – (PC, SN)					
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
# of entries _____ x \$4.00 = \$ _____ Participation Fee \$ 8.00 Total \$ _____													
Coach													
Athlete's Address													
Home Phone							Cell Phone						
Email													