

SCSC-Monterey Bay RACE TO JO  
PACIFIC SWIMMING SHORT COURSE MEET C/B/A+  
November 16th-18th, 2018  
Enter Online: <https://ome.swimconnection.com/PC/SCSC20181116>



**SANCTION:** Held under USA/Pacific Swimming Sanction No. **18-142**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that Pacific Swimming, and Santa Clara Swim Club shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. The results of this meet may be posted in real time on the Internet at Meet Mobile.

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**MEET PERSONNEL:**

<b>Meet Referee:</b> Brett Shaug	<b>Head Starter:</b> Phil Beisel
<b>Meet Marshal:</b> Lacrisha Ferriera	<b>Admin Official:</b> Debbie Fuji & Sachi Itow
<b>Meet Director:</b> Elizabeth Garcia	<a href="mailto:scscmbmeetdirector@gmail.com">scscmbmeetdirector@gmail.com</a>

**LOCATION:** Hartnell College 156 Homestead Road, Salinas, CA

**DIRECTIONS:** FROM US-101 SOUTH: Take the MAIN ST exit toward SALINAS. Stay STRAIGHT to go onto N MAIN ST/CA-183 S. N MAIN ST/CA- 183 S becomes SALINAS ST. Turn RIGHT onto W ALISAL ST. Turn RIGHT onto HOMESTEAD AVE. FROM US-101 NORTH: Take the JOHN ST exit. Turn LEFT onto JOHN ST. Turn RIGHT onto MONTEREY ST. Turn LEFT onto E ALISAL ST. Turn RIGHT onto HOMESTEAD AVE.

**COURSE:** OUTDOOR 25 YARD pool with up to 10 lanes available for competition. An additional 9 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 14 at the start end and 4'6" at the turn end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

**TIME:** Friday warm-ups 2:45-3:45 pm, meet starts at 4:00pm.  
Saturday & Sunday: warm-ups 7:30-8:45 am, meet starts at 9:00am.

**RULES:**

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will swim fast to slow. The 1000 & 1650 will alternate girls and boys by heat.
- Athletes may compete in MAXIMUM 3 events per day.
- All athletes ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the athletes age and gender. Or at a total of 800 athletes.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.
- Athletes entering the Open 1650, 1000, 500 Free must provide their own timers and lap counters

**SPECIAL RULES:** The USA Swimming Motivational "BB" minimum time standard per age group and gender will be used as the qualifying time standard for the 1650, 1000, and 500 Free OPEN at this meet. Athletes in the 11 & Over 400 IM must have met the USA Swimming Motivational "BB" time standard for his/her age group and gender in order to enter the event. The 200IM OPEN

does not have any time standard requirements. Use the following link to find the time standards

<http://www.pacswim.org/swim-meet-times/standards>

**UNACCOMPANIED ATHLETES:** Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

**RACING STARTS:** Athletes must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- No tents other than for Coaches & Officials on deck, nor animals other than service dogs.

**ELIGIBILITY:**

- Athletes must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Athletes in the "A" Division must have met at least USA Swimming Motivational "A" minimum time standard. Athletes in the "B" Division must have met at least the listed "B" minimum time standard. All entry times slower than the listed "B" time standard will be in the "C" Division.
- Entries with "NO TIME" will be ACCEPTED. Exception - 400IM, 500, 1000 & 1650 FR (See Special Rules).
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such athletes must have met standards for the 17-18 age group if swimming the 1650, 1000, 500 Free or 400 IM.
- The athlete's age will be the age of the athlete on the first day of the meet.

**ENTRY FEES:** \$4.00 per event plus an \$8.00 participation fee per athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.

**ENTRY PRIORITY:** Athletes from Zone 1 South clubs entering online must do so by 11:59 PM, Sunday, October 7th in order to receive priority acceptance to the meet. Surface mail entries must be postmarked by Friday October 5th in order to receive priority acceptance to the meet. No athletes other than those from Zone 1 South may enter the meet until the preference period has concluded.

**ONLINE ENTRIES:** To enter online go to <https://ome.swimconnection.com/PC/SCSC20181116> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to

\$1 per athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming. Online entries will be accepted through Wednesday, November 7th, 2018 or *until the meet reaches capacity*.

**MAILED ENTRIES:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athlete’s best time. Entries must be postmarked by midnight, Monday, November 5th, 2018 No late entries will be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

**Make check payable to: Santa Clara Swim Club**

**Mail entries to:** Elizabeth Garcia  
3028 Eddy St  
Marina, CA 93933

**CHECK-IN:** The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check in will not be seeded and will not be allowed to compete in that event.

**SCRATCHES:** Any athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized.

**AWARDS:** Individual events: Ribbons will be awarded to the 1st – 8th place finishers, for each event designated as an age group event. (8&U, 9-10, 11-12, 13-14, 15-18). Awards will be available for pickup by the coaches, or a club representative, the day of the meet.

**ADMISSION:** FREE. Program Available through Meet Mobile

**SNACK BAR & HOSPITALITY:** A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

**MISCELLANEOUS:** No overnight parking is allowed. Facilities will not be provided after meet hours. Parking on Campus is *FREE* Saturday & Sunday.

**EVENT SUMMARY**

<b>FRIDAY</b>
<b>OPEN 200 IM</b>
<b>OPEN 1650 FR**</b>

<b>SATURDAY</b>				<b>SUNDAY</b>			
<b>8 &amp; UN</b>	<b>9-10</b>	<b>11-12</b>	<b>13&amp;O</b>	<b>8 &amp; UN</b>	<b>9-10</b>	<b>11-12</b>	<b>13&amp;O</b>
<b>200 FR</b>	<b>200 FR</b>	<b>200 FR</b>	<b>200 FR</b>	<b>100 FR</b>	<b>100 FR</b>	<b>400 IM**</b>	<b>400 IM**</b>
<b>25 FL</b>	<b>50 BK</b>	<b>50 BK</b>	<b>200 FL</b>	<b>25 BR</b>	<b>100 FL</b>	<b>100 FR</b>	<b>100 FR</b>
<b>50 BK</b>	<b>50 FR</b>	<b>200 FL</b>	<b>50 FR</b>	<b>100 FL</b>	<b>50 BR</b>	<b>100 FL</b>	<b>100 FL</b>
<b>50 FR</b>	<b>100 BR</b>	<b>50 FR</b>	<b>100 BR</b>	<b>50 BR</b>	<b>50 FL</b>	<b>50 BR</b>	<b>200 BR</b>
<b>100 BR</b>	<b>100 IM</b>	<b>100 BR</b>	<b>200 BK</b>	<b>25 FR</b>	<b>100 BK</b>	<b>200 BR</b>	<b>100 BK</b>
<b>25 BK</b>	<b>500 FR**</b>	<b>200 BK</b>	<b>500 FR**</b>	<b>50 FL</b>	<b>1000 FR**</b>	<b>50 FL</b>	<b>1000 FR**</b>
<b>100 IM</b>		<b>100 IM</b>		<b>100 BK</b>		<b>100 BK</b>	
		<b>500 FR*</b>				<b>1000 FR**</b>	

\*\* Athletes entering the Open 1650, 1000, 500 Free must provide their own timers and lap counters

\*\* See time requirements for 500, 1000, 1650 Free and 400 IM in the Special Rules Section

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>

EVENTS

Friday, November 16th		
EVENT #	EVENT	EVENT #
1	OPEN 200 IM	2
3	OPEN 1650 FR**	4
Saturday, November 17th		
EVENT #	EVENT	EVENT #
5	OPEN 200 FR	6
7	8 & U 25 FL	8
9	12 & U 50 BK	10
11	11 & O 200 FL	12
13	OPEN 50 FR	14
15	OPEN 100 BR	16
17	8 & U 25 BK	18
19	11 & O 200 BK	20
21	12 & U 100 IM	22
23	OPEN 500 FR**	24

Sunday, November 18th		
EVENT #	EVENT	EVENT #
25	11 & O 400 IM**	26
27	OPEN 100 FR	28
29	8 & U 25 BR	30
31	OPEN 100 FL	32
33	12 & U 50 BR	34
35	8 & U 25 FR	36
37	11 & O 200 BR	38
39	12 & U 50 FL	40
41	OPEN 100 BK	42
43	OPEN 1000 FR**	44

\*\* Athletes entering the Open 1650, 1000, 500 Free must provide their own timers and lap counters

\*\* See time requirements for 500, 1000, 1650 Free and 400 IM in the Special Rules Section

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>

Pacific Swimming – Hosted by Santa Clara Swim Club Race to Winter Jos (C/B/A) November 16th-18th, 2018 Consolidated Entry Form													
Name: Last,			First				Middle						
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
# of entries _____ x \$4.00 = \$ _____ Participation Fee      \$ 8.00 Total                      \$ _____													
Coach													
Athlete's Address													
Home Phone							Cell Phone						
Email													