## SAN RAMON VALLEY AQUATICS PACIFIC SWIMMING SHORT COURSE C/B/BB+ MEET DECEMBER 10-11, 2016

Enter Online: http://ome.swimconnection.com/pc/SRVA20161210

Zone 2 Assigned Teams: SRVA, PLS, CROW, LAC, LBD, EA, TIGR, TRIV, RAM, OAPB, FF, DA, EBA, AIA, ALGA, PST, MONT



**SANCTION:** Held under USA/Pacific Swimming Sanction No. **16-169** 

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS: Meet Referee: Peter McNamara Head Starter: Holly Taifer

Meet Marshal: Jayne Riley Admin Official: Jennifer Winters Meet Director: Jyothi M Musunuri, 925-997-0818, jmusun1@yahoo.com

LOCATION: San Ramon Olympic Pool and Aquatic Center, 9900 Broadmoor Dr, San Ramon, CA 94583 (At California High School)

**DIRECTIONS:** Located next to California High School. From 680, take Bollinger Canyon exit, turn west on Bollinger Canyon. Turn left (south) on San Ramon Valley Blvd. and go approximately 2 miles. Turn left (east) on Montevideo Dr., go approximately ½ mile, turn right at the stop sign onto Broadmoor Dr., go approximately ¼ mile to pool located on left side.

**PARKING:** Parking is available BEHIND the school in the south parking lot, and on some neighborhood streets. Permit parking only on Broadmoor Drive from 9871-9897 and on Weymouth Court 7 days a week. Other surrounding streets have additional parking restrictions. Parking spaces between front of pool entrance and tennis courts are for Coaches and Officials ONLY. Parking will be limited due to other events at the high school. Meet attendees are highly encouraged to car pool. Do not park where no parking signs or permit parking only signs are posted. You will be ticketed or towed.

**COURSE**: Outdoor, heated 50 meter by 25 yard pool with up to 16 lanes available for competition. A separate area will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 4 feet at the start end and 4 feet at the turn end. The competition course has been certified In accordance with Article 104.2.2C(4) . The copy of such certification is on file with USA Swimming.

**TIME:** Meet will begin at 9:00 AM each day with warm-ups from 7:30 to 8:45 AM each day. A special warm-up time for 8 and under athletes only will be held from 8:45 to 8:55 AM.

**RULES:** • Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.

- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in four (4) events per day.
- All athletes ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the athletes' age and gender.
- If local conditions warrant, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch-down. Immediate cash refunds will be made for any mandatory scratches.
- All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.

**UNACCOMPANIED ATHLETES:** Any USA Swimming athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member

of the athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member-Coach.

**RACING STARTS:** Any athlete entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start, or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:** • Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, in standing areas and in all areas used by athletes, during the meet and during warm-up periods.

- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- FRAMES ONLY for canopies will be allowed overnight on lawn areas. NO OTHER personal belongings can be left on lawn areas.
- Changing into or out of swimsuits other than in locker rooms or designated areas is prohibited.
- Entry and set up (pop-ups) is not allowed before 7 AM on Saturday and Sunday.
- All pathways should be clear and no pop-ups are allowed on pathways and in front of entry and exit gates. Pathways and entry and exit gates must be clear for emergency personal and vehicles to pass through.
- No pop-ups are allowed outside of the pool fence.
- No umbrellas are allowed beyond the cordoned off areas at the starting blocks and race start areas on the deck for safety reasons.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.

**ELIGIBILITY:** • Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

- Athletes in the "BB" Division must have met at least the listed USA-S Motivational "BB" time standard for their age group and gender. Athletes in the "B" Division must have met at least the listed "B" time standard. All entry times slower than the listed "B" time standard will be in the "C" Division. For 8 & Under athletes the applicable Pacific (PC) "A" and "B" standards will be used.
- Entries with "NO TIME" will be REJECTED.
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such athletes must have met standards for the 17-18 age group.
- The athlete's age will be the age of the athlete on the first day of the meet.

**ENTRY PRIORITY:** Meet entries will not be accepted any earlier than **November 4**, **2016** Entries from members of **"assigned"** "year round" Zone 2 clubs postmarked or entered online by 11:59 PM. on **November 11**, **2016** will be given 1<sup>st</sup> priority acceptance. Entries from members of all Zone 2 clubs (year round and seasonal) postmarked or entered online between 12:00 AM **on November 12**<sup>th</sup>, **2016** and 11:59 PM **on November 18**<sup>th</sup>, **2016** will be given 2<sup>nd</sup> priority acceptance. All entries from Zone 2, all other Pacific LSC Zones and other LSC's, either postmarked, entered online, or hand delivered by the entry deadline will be considered in the order that they were received.

\*\* NOTE: Athletes who falsify their entry form by listing a club to which they are not legitimately associated will be rejected from

the meet. Further, entry fees will not be refunded and they may be referred to the Pacific Swimming Review Committee for disciplinary action.

**ENTRY FEES:** \$4.00 per event plus an \$8.00 participation fee per athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch-downs.

**ONLINE ENTRIES:** To enter online go to <a href="http://ome.swimconnection.com/pc/SRVA20161210">http://ome.swimconnection.com/pc/SRVA20161210</a> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming.** Online entries will be accepted through Wednesday, **November 30<sup>th</sup>**, **2016**, or until the meet has reached capacity, whichever comes first.

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athlete's best time. Entries must be postmarked by midnight, Monday, November 28<sup>th</sup>, 2016 or hand delivered by 8:30 PM, Wednesday, November 30<sup>th</sup>, 2016. No late entries will be accepted. No entries received after the meet has reached capacity will be accepted. No refunds will be made, except mandatory scratch-downs. Requests for confirmation of receipt of entries should include a self-addressed, stamped envelope.

Make check payable to: SRVA

Mail entries to: SRVA Meet Entries Hand deliver entries to: SRVA Meet Entries Monday-Friday (7 PM - 8:30 PM)

2312 Jasper Hill Dr
San Ramon, CA 94582
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**CHECK-IN:** The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check-in will not be seeded and will not be allowed to compete in that event.

**SCRATCHES:** Any athletes not reporting for or competing in an individual timed final event shall not be penalized. Athletes who must withdraw from an event after it is seeded are requested to inform the referee immediately.

**AWARDS:** First through eighth places in each division (C, B & BB) will be awarded for the 9-10, 11-12, 13-14 age groups. First through eighth place in each division (PC-C, PC-B, and PC-A) will be awarded for the 8 & Under age group. All athletes achieving an A time for the first time will be awarded a standard A medal, regardless of place achieved in the event. No awards will be given for athletes 15 years of age and older. Note: Individual awards must be picked up at the meet. We will not mail or distribute awards after the meet.

**ADMISSION:** Free. A **'2 DAY'** program will be available for a reasonable price.

**SNACK BAR & HOSPITALITY:** A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

**MISCELLANEOUS**: No overnight parking is allowed. Facilities will not be provided after meet hours. All participating teams are expected to provide lane timers based upon the number of swimmers registered to swim each day. Team timing lanes for Saturday and Sunday will be assigned and coaches will be notified of assignments during the week prior to the meet.

**MINIMUM OFFICIALS:** The Meet Referee shall conduct an inventory of Officials and shall compare the number of athletes entered against the number of Officials that worked representing each team per day of the meet. Those teams who have not provided sufficient Officials in a day of the meet, in accordance with the table below, will be fined \$100 per missing Official per day.

Number of athletes entered in meet per club per day	Number of trained and carded officials required
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
Every 20 Athletes over 100	+1

## **EVENT SUMMARY**

SATURDAY			SUNDAY				
8 & UN	9-10	11-12	13-18	8 & UN	9-10	11-12	13-18
25 BK	100 BK	200 BK	200 BK	25 FR	200 FR	200 FR	200 FR
50 FR	100 FR	100 FR	100 FR	50 BR	50 FR	50 FR	50 FR
50 FL	50 FL	100 FL	100 FL	25 FL	100 BR	100 BR	100 BR
25 BR	50 BR	50 BR	200 BR	100 IM	100 FL	200 Fly	200 FL
	100 IM	200 IM	500 FR		50 BK	50 BK	100 BK
			400 IM				1000 FR

## **EVENTS**

Saturday, December 10th			Sunday, December 11th			
EVENT#	EVENT	EVENT#	EVENT #	EVENT # EVENT		
1	13-18 200 Back	2	41	13-18 200 Free	42	
3	11-12 200 Back	4	43	11-12 200 Free	44	
5	9-10 100 Back	6	45	9-10 200 Free	46	
7	8 & under 25 Back	8	47	8 & under 25 Free	48	
9	13-18 100 Free	10	49	13-18 50 Free	50	
11	11-12 100 Free	12	51	11-12 50 Free	52	
13	9-10 100 Free	14	53	9-10 50 Free	54	
15	8 & under 50 Free	16	55	8 & under 50 Breast	56	
17	13-18 100 Fly	18	57	13-18 100 Breast	58	
19	11-12 100 Fly	20	59	11-12 100 Breast	60	
21	9-10 50 Fly	22	61	9-10 100 Breast	62	
23	8 & under 50 Fly	24	63	8-UN 25 Fly	64	
25	13-18 200 Breast	26	65	13-18 200 fly	66	
27	11-12 50 Breast	28	67	11-12 200 Fly	68	
29	9-10 50 Breast	30	69	9-10 100 fly	70	
31	8 &under 25 Breast	32	71	8 & under 100 IM	72	
33	13-18 500 Free	34	73	13-18 100 Back	74	
35	11-12 200 IM	36	75	11-12 50 Back	76	
37	9-10 100 IM	38	77	9-10 50 Back	78	
39	13-18 400 IM	40	79	13-18 1000 Free	80	

Athletes in the 400 IM will provide their own timers.

Athletes in the Open 1000 Free will provide their own timers and lap counters.

Use the following URL to find the time standards: <a href="http://www.pacswim.org/swim-meet-times/standards">http://www.pacswim.org/swim-meet-times/standards</a>

## Pacific Swimming – Hosted by San Ramon Valley Aquatics Short Course C/B/BB+ Meet December 10-11, 2016 Consolidated Entry Form Middle Name: Last, First **UNATT TEAM ABBR** Club Abbr. Club Name Date of Birth LSC - (PC, SN) Age Sex M F USA-# Distance / Stroke Entry Time Circle one Event # SCY / LCM SCY / LCM SCY / LCM : SCY / LCM SCY / LCM SCY / LCM • SCY / LCM SCY / LCM SCY / LCM : SCY / LCM : # of entries \_\_\_\_\_ x \$4.00 = \$\_\_\_ Participation Fee \$ 8.00 Total \$\_\_\_\_\_ Coach Athlete's Address Home Phone Cell Phone Email